



PERDIDOS HIGH ROUTE

Ordesa and Monte Perdido
National Park



TABLE OF CONTENTS

1	Introduction	1
2	Destination.....	2
3	Basic information	2
3.1	Required physical condition and type of terrain.....	2
4	Programme	3
4.1	Programme outline	3
4.2	Detailed programme	3
5	More information	5
5.1	Included.....	5
5.2	Not included	6
5.3	Required equipment	6
5.4	Observations	6
5.5	Insurance policy.....	7
5.6	Links of interest	9
5.7	Highlights.....	9
6	Contact.....	9

1 Introduction

We present six magical days of trekking around the majestic **Monte Perdido** in the spectacular **Ordesa National Park** in the heart of the stunning **Pyrenees** of Huesca mountain range.

From the top of the Ordesa Valley, the tour takes in the **Balcón de Pineta**, **Brecha de Tucarroya**, **Circo d’Estaubé**, **Circo de Gavarnie**, **Brecha Roldán**, **Circo de Góriz** and **Faja de las Flores**, and passes the mountain huts of **Goriz**, **Pineta**, **Espuguettes** and **Serradets**.

The terrain we encounter varies from rough areas to grasslands and forest paths. While extraordinary snow-topped peaks of calcareous rock accompany us on our journey.

This tour is a wonderful getaway, and the perfect way to enjoy some of the most iconic attractions of the **Ordesa y Monte Perdido National Park**.

2 Destination

The **Ordesa and Monte Perdido National Park** is located in the **Huesca Pyrenees**, Aragon (Spain). It occupies the municipalities of **Bielsa**, **Fanlo**, Puértolas, Tella-Sin, **Torla** and **Broto** and it receives over 600.000 visitors per year.

The Park covers 15.608 hectares and it has a peripheral protection zone of 19.679 hectares. The altitude goes from 700 m. in **Vellós River** to 3.355 m. in the **Monte Perdido** summit.

Without a doubt this National Park is a natural gem, with a geomorphology created by the erosive glacial action, where you can find huge vertical walls, beech woods, waterfalls and a varied fauna.

Brecha de Rolando is a narrow col of 40 m wide and 100 m high, located at 2.804 meters high in the Monte Perdido massif. Legend has it that this gap was created by **Rolando**, Charlemagne's nephew, while he was trying to destroy his sword hitting it against the rock after the battle of Roncesvalles.

Monte Perdido is the highest limestone massif in Europe with a summit of **3.355 meters** high.

3 Basic information

Destination: **Ordesa National Park**. Huesca. Spain.

Meeting point: Refugio Bujaruelo at 7pm.

Activity: Trekking

Difficulty: **/ ***

Length: 7 days (6 days of trekking).

Season: From July to October

Minimum-maximum group: 4-8 people.

3.1 Required physical condition and type of terrain

Physical level	Total elevation	Kms	Physical Condition
*	Up to 600 m	Up to 16 km	Normal: occasional sport practice
**	Up to 1200 m	Up to 23 km	Good: regular sport practice
***	Up to 1400 m	Over. 23 km	Very good: strict sport practice

Physical level category does not have to correspond exactly with given ascent and kilometres at the same time.

Type of terrain

*	Good conditioned forest tracks and trails
**	Good conditioned trails. Presence of stones and roots on the way requiring attentive hike.
***	Bumpy, stone loose tracks, including off trails

Observations. A good physical condition is required in order to face big climbs. You must be used to walking in the mountains regularly.

4 Programme

4.1 Programme outline

Day 1. Traveling day. Night in **Bujaruelo Hut**.

Day 2. Bujaruelo – Brecha de Ronaldo – Goriz Hut

Distance: 15,5 km, Ascent: +1.585 m / -723 m

Day 3. Goriz-Añisclo-Pineta

Distance: 15,5 km, Distance: 12,9 km, Ascent: +602 m / -1.562 m

Day 4. Pineta-Monte Perdido Glacial-Espuguettes

Distance: 16,5 km, Ascent: +1.722 m / -935 m

Día 5. Espuguettes-Circo de Gavarnie-Grange de Holle

Distance: 9,8 km, Ascent: +210 m / -742 m

Day 6. Grange de Holle-Vignemale-Otlettes de Gaube

Distance: 20,7 km, Ascent: +1.432 m / -776 m

Day 7. Oulettes Hut - Bujaruelo

Distance: 17,9 km, Ascent: +478 m / -1.291 m

4.2 Detailed programme

Day 1. Traveling day. Night in **Bujaruelo Hut**.

The hut can be reach by car. This journey there is no walking and the arrival can be at any time. If you cannot arrive before 7pm, please let the hut know as the dinner is served at that time.

Day 2. Bujaruelo – Brecha de Ronaldo – Goriz Hut

From Bujaruelo we will cross over the roman bridge and we will go up following the red and white markings that indicate the GR11 to Bujaruelo mountain pass. Here we will follow a sign that lead us to Brecha de Ronaldo Hut. Once we are there, we will descent towards the plateau to access Goriz Hut.

Distance: 15,5 km, Ascent: +1.585 m / -723 m

Day 3. Goriz-Añisclo-Pineta

Starting from Goriz, we will follow the path GR11 that ascents gently to Góriz High Col. At this point we leave the GR11 that descents to Añisclo canyon and we follow the markers with a NE direction going along the Faja de las Olas to Añisclo Col. We will go down carefully through a long slope to the Pineta Hut.

Distance: 15,5 km, Distance: 12,9 km, Ascent: +602 m / -1.562 m

Day 4. Pineta-Monte Perdido Glacial-Espuguettes

It is a hard stage, but one of the most beautiful of the trek. From **Pineta hut** (1.240m) we will take a path to go to the back of the corrie. We will cross a bridge over the **Cinca River** to turn left towards **Balcón de Pineta**.

We will start the stage in a forest that we will soon leave crossing big ravines where we could see the impressive Cinca waterfall with 150m drop. Our path will gain height in zigzag up to a funnel area, the last stretch before reaching **Balcón de Pineta** (2.540m).

In front of us we could appreciate the **Monte Perdido** glacier and its hanging serac. We are in a plateau where the **Marboré Lake** is. We will border the lake to reach **Brecha de Tucarroya** (2.666m).

Once we get to **Brecha de Tucarroya**, where there is the not guarded hut with the same name, we will start the descent through the North Gully, with the **Cirque of Estaubé** beneath our feet, in French territory.

We will have to border the back of the cirque and ascent 200m to reach the **Col of Hourquette D`Alans** (2.430m). We will have the first views of Gavarnie before the descent towards **Espuguettes hut** (1.760m).

Distance: 16,5 km, Ascent!: +1.722 m / -935 m



Día 5. Espuguettes-Circo de Gavarnie-Grange de Holle

We will leave from Espuguettes Hut towards Gavarnie. After a steep descent we will find a sign for Gavarnie Cirque to the left. The path goes along a beautiful forest finishing at the bottom of the impressive Gavarnie Cirque. From Hotellerie de Cirque to Gavarnie it is a gentle stroll of about one hour. From the village of Gavarnie to Grange de Holle Hut there is a path not easy to find. We have to follow the signs for the cemetery and once we have passed it take a path to the right that will lead us to Grange de Holle Hut.

Distance: 9,8 km, Ascent: +210 m / -742 m



Day 6. Grange de Holle-Vignemale-Otlettes de Gaube

The path from Grange de Holle Hut is a bit confusing, we will walk towards Valle d'Ossue through a forest. We will pass in front of Cabaña de Lourdes, we will cross Barrage d'Ossue and we will take the slope to reach Baysellance Hut. We will continue in the path that goes up to Horquette d'Ossue and we will descent to Oulettes Hut.

Distance: 20,7 km, Ascent: +1.432 m / -776 m

Day 7. Oulettes Hut - Bujaruelo

We will start from Oulettes towards Los Mulos Col. We will descent from the col following the red and white markers of the HRP. We leave the markers to go to Ara Valley and after a long and gentle slope we will reach again the roman bridge in Bujaruelo and the hut.

Distance: 17,9 km, Ascent: +478 m / -1.291 m

* The last journey will finish between 2-4pm so there is plenty of time for the return trip.

5 More information

Price 740€ / person

5.1 Included

- Mountain Guide service during the trekking.
- Half-board accommodation in the mountain huts.
- Enrolment fees and management of the reservation.
- Welcome pack: official Ternua thermal t-shirt, sun cup, official guide and route map, shower voucher in Bujaruelo for the finishing day, a welcome drink at all mountain huts and a drink in Bujaruelo at the end of the walk.
- One packed lunch at Goriz Hut.
- Briefing at Bujaruelo Hut at 7pm the arrival day with free snacks.
- Forfait for the stamps at the huts.
- One GPS per group and GPS tracking live.
- Gastronomic pack upon arrival at Pineta Hut.
- Ice axe, crampons and all security equipment needed.

- Accident and rescue insurance.

5.2 Not included

- Flights (Exploring Spain offer this service for an additional cost of 20€)
- Transfers from the airport. Exploring Spain could manage this service.
- Beverages that are not included in the accommodations' half-board menus.
- Any change due to unexpected incidents (weather, etc.) that inquire in higher expenses than the ones budgeted for the client and the guide.

5.3 Required equipment

It is important to carry little weight in the backpack to walk comfortably, so it is recommended to take only the essential material and clothing. We will inform you so you backpack weighs no more than 6-8 kilos.

- Backpack (between 30-35 litres).
- Trekking boots or shoes depending on the trekking.
- Folding trekking poles.
- Crampons and ice-axes
- Clothing:
 - Socks.
 - Long and short trekking pants
 - Thermal shirt (first layer). A spare change.
 - Fleece jacket or similar (second layer).
 - Gore-Tex type jacket and pants (third layer).
 - Primaloft jacket or light down insulated jacket.
 - Fleece, light type of gloves.
 - Hat and cap.
- Sunglasses.
- Head lamp (extra batteries).
- Cotton or silk sheet-sleeping bag and very light towel.
- Water bottle or water bag Camelback type of minimum capacity 1 liter.
- First aid kit and essential toiletries.
- Sunscreen and protection lip balm.
- Camera.

5.4 Observations

A good physical condition and being used to walk in the mountain is required to confront the demanding slopes. It is not necessary to bring a sleeping bag but you need to bring a silk or cotton travel liner. It is recommended to bring very little food since it can be purchased in the huts along the way.

Date Flexibility

Aside from the regular travel trip dates, we are flexible to reconsider new dates if those are more convenient to the client's leisure plans. Do not hesitate to contact us should you have any different dates in mind.

Time and meeting point

One week prior to the trip departure date, an email will be sent to each participant to give away the meeting point and time along with the guide contact information. At this point any information considered essential to the trip organization will be shared.

Plane tickets (if applicable)

If case you wish us to handle you plane ticket, please contact us with airport arrival and departure details and number of needed luggage. Before issuing any ticket, Price and details Will be send to the client for its approval.

Muntania fee for plane ticket management is 20€ per person.

If, otherwise, you handle your plane tickets, please coordinate with us before hand to check on arrival and departure information.

Please take into consideration getting with you on your carry-on luggage some set of clothing in case of checked luggage lose.

Trekking Backpack

Very important to carry out just indispensable material and clothing to walk at ease. You would not need to take food supplies and clothing can be hand-wash daily. We recommend backpack weight between 6 to 10 kg.

5.5 Insurance policy

All activities in Spain have an accident insurance included in the price. Yet, if you practise mountain sports regularly and also travel frequently, **we suggest you get a travel insurance**, that as well as covering any accident and rescue it also protect you against many other situations.

If you do not have a travel insurance you can acquire one with our travel agency. Exploring Spain processes all insurances with **Intermundial**. The cost of these insurances is lower if you buy it through Exploring Spain than if you do it directly with Intermundial.

EU RESIDENTS

Ski/Aventure Plus

It is a **travel insurance** and also **covers the practise of many sports and activities**. You can get one for the duration of the trip or for the whole year, being able to choose the starting date. If you get the insurance for a year, it will not only be valid for the trip with Exploring Spain but also it will be valid for any other trips or activities you may do during that year.

Ski/Aventure Plus with Cancelation

It has the same coverage that the previous insurance but also you will be cover in case of cancelation of the trip and tickets in case of force majeure (sickness, injury...) for yourself and/or a relative.

The travel insurance with cancelation that we offer, allows a refund of the costs already paid for up to 1.000 €. If the cost of the trip and flights is higher, you can extend the amount covered (under request).

Multi-assistance Plus with or without Cancelation

Both Multi-assistance Plus with or without Cancelation are **travel insurances with better coverage** than the Ski/Adventure Plus with or without cancelation but they **do not cover the practise of sports**.

This insurance can be of your interest if you already have an accident and rescue insurance that covers the activity that you will be doing in the trip, but you do not have a travel insurance. It can also be useful if you are interested in a trip without practising any sports.

NON EU RESIDENTS

Incoming Cancelation Plus

This insurance covers the costs of the trip and the tickets if you have to cancel the trip before the departure because of different reasons like for example a sickness (see conditions of the insurance).

This insurance can be useful if you already have a travel insurance but it does not cover the cancelation of the trip or if you already have an insurance covering sports and activities.

Incoming Ski/Aventure Plus with Cancelation

It is a **travel insurance** and also **covers the practise of many sports and activities**. You will also be cover in case of cancelation of the trip and tickets in case of force majeure (sickness, injury...) for yourself and/or a relative. You can get one for the duration of the trip or for the whole year, being able to choose the starting date. If you get the insurance for a year, it will not only be valid for the trip with Exploring Spain but also it will be valid for any other trips or activities you may do during that year.

The travel insurance with cancelation that we offer, allows a refund of the costs already paid for up to 2.000 €. If the cost of the trip and flights is higher, you can extend the amount covered (under request).

*Consult prices and conditions for Intermundial insurances with Exploring Spain following this link: <https://www.exploring-spain.com/insurances>

Included accident and rescue insurance

** Included accident and rescue insurance. Nº POLIZA 4020006195 Muntania Outdoors. Assistance phone number 24h 902 09 15 57 (it is the contact number for the insurance company Prebal, Previsión Balear M.P.S).

*** It is the customer's responsibility to inform the insurance company about the accident as soon as possible. Prior the departure for the trip, we will send you an email with the insurance policy number and the assistance number so you can have it during the trip.

**** Depending on where the accident happens, the customer will have to pay in advance if the insurance company indicates it, being the payment refunded by the insurance company within the policy's limits. In any case Exploring Spain – Muntania Outdoors S.L. is responsible for any advance payment required for the rescue or assistance.

5.6 Links of interest

- <http://laaltarutadelosperdidos.com>

5.7 Highlights

- Visit the **Ordesa and Monte Perdido National Park**.
- Good proportion guide/client for the best optimization of the activity.
- Active trip, visiting areas with great landscapes.

6 Contact

Exploring Spain - Muntania Outdoors, S.L. CICMA: 2608

+34 629 379 894 info@exploring-spain.com www.exploring-spain.com

c/ Las Cruces Nº 1, portal 2, 2º C, 28491 Navacerrada (España).