



BIVOUAC IN MONTE PERDIDO

Pyrenees



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1 Introduction

Enjoy two days of hill walking at the spectacular **Ordesa and Monte Perdido National Park** located at the heart of the **Pyrenees**.

Our goal is to climb **Monte Perdido** in two days from **Ordesa Valley** spending the night bivouacking near the summit, a great location to contemplate one of the best sunrises in the **Pyrenees**.

2 Basic Information

Destination: **Ordesa and Monte Perdido National Park** (Spain).

Activity: Bivouac

Physical level: ** Type of terrain: **

Duration: 2 days.

Time of the year: June-November

Group size: 2-6 people.

2.1 Required physical condition and type of terrain

Physical level	Ascent	Physical condition
*	Up to 700 m	Normal: occasional sport practice
**	Up to 1200 m	Good: regular sport practice
***	Up to 1500 m	Very good: strict sport practice

Type of terrain	
*	Good conditioned forest tracks and trails
**	Good conditioned trails. Presence of stones and roots on the way requiring attentive hike.
***	Bumpy, Stone loose tracks, including off trails

Observations. Walks are suitable for active people used to walk in the mountains on weekends and that is able to climb between 700 – 1.250 m daily at a slow pace with a duration of 5 – 7 hours including stops.

3 Destination

The **Ordesa and Monte Perdido National Park** is located in the **Huesca Pyrenees**, Aragon (Spain). It occupies the municipalities of **Bielsa**, **Fanlo**, Puértolas, Tella-Sin, **Torla** and **Broto** and it receives over 600.000 visitors per year.

The Park covers 15.608 hectares and it has a peripheral protection zone of 19.679 hectares. The altitude goes from 700 m. in **Vellós River** to 3.355 m. in the **Monte Perdido** summit.

Without a doubt this National Park is a natural gem, with a geomorphology created by the erosive glacial action, where you can find huge vertical walls, beech woods, waterfalls and a varied fauna.

Brecha de Rolando is a narrow col of 40 m wide and 100 m high, located at 2.804 meters high in the Monte Perdido massif. Legend has it that this gap was created by **Rolando**, Charlemagne's nephew, while he was trying to destroy his sword hitting it against the rock after the battle of Roncesvalles.

Monte Perdido is the highest limestone massif in Europe with a summit of **3.355 meters** high.

4 Programme

4.1 Programme Outline

Day 1. Nerín-Monte Perdido

Distance: 10,7 km. Elevation gain +1.383m. - 222. Time: 7h 30min.

Day 2. Monte Perdido- Nerín

Distance: 10,7 km. Elevation gain +222m. - 1.383. Time: 6h.

4.2 Detailed programme

Day 1. Nerín-Monte Perdido

We will meet at 6.40h in the village of **Nerín**, where we will take the bus to get the starting point.

Around 7.30h the bus will leave us in the viewpoints of **Vacarizuela** and **Ciarracils**. We will ascent some meters to enjoy the amazing views over the **Ordesa Valley**. A real pleasure for the senses.

To get to Cuello Gordo we will descend bordering Sierra Custodia to reach **Góriz Hut**. We could take a break and buy some drinks. The itinerary ascent now through the terraces of the Góriz Canyon. It is a walk among the pastures that will become a karst landscape, so we are ascending one of the biggest karst mountains in Europe.

Almost reaching the 3.000 m, we will find the **Ibón helado (frozen lake)**, one of the highest in the **Pyrenees** and which underground waters result in one of the biggest waterfalls in Europe, **Gavarnie's waterfall**.

The last 350m correspond to the stony area previous to the summit, where we will cross part of the **Escupidera**, with no technical difficulties without snow or ice.

On the Summit we will find wide bivouacs where we could roll out the mats and start enjoying the unbelievable 360º landscape.

We will have dinner waiting for the deep night to see a new spectacle.

Distance: 10,7 km. Elevation gain +1.383m. - 222. Time: 7h 30min.

Day 2. Monte Perdido- Nerín

We will enjoy the sunrise from our sleeping-bags. When the sun starts warming us we will have breakfast and clean up the bivouac to start the return, following the same way that we did the day before to reach the summit.

Distance: 10,7 km. Elevation gain +222m. - 1.383. Time: 6h.

5 More Information

Price. 150 euros.

5.1 Included

- Certified Mountain Guide
- Dinner and Breakfast
- Management of the activity.
- Accident and rescue insurance cover.

5.2 Not included

- Transport. Muntania Outdoors can arrange the transport depending the location of the participants.
- Muntania Outdoors can arrange your accommodation in a village nearby.
- Nerín bus (15 euros).
- Lunches

5.3 Packing list

- Backpack (between 30-35 litres).
- Trekking boots or sneakers.
- Telescopic poles.
- Technical clothes:
 - Socks.
 - Long and light trekking pants.
 - Thermal t-shirt (base layer). A spare one.
 - Fleece jacket or similar (second layer).
 - Gore-Tex or similar jacket and pants (third layer).
 - Primaloft jacket or similar.
 - Light and thick gloves.
 - Woollen cap and sun cap.
- Sunglasses.
- Head lamp (extra batteries)
- Sleeping bad (At least 0 degrees comfort).
- Mat
- Canteen or camelback (minimum 1 litre).
- First aid kit and essential toiletries
- Sunscreen and SPF lip balm
- Camera or photo equipment (optional)
- Food for two days (sandwiches, energy bars...).

5.4 Observations

Date Flexibility

Aside from the regular travel trip dates, we are flexible to reconsider new dates if those are more convenient to the client's leisure plans. Do not hesitate to contact us should you have any different dates in mind.

Time and meeting point

One week prior to the trip departure date, an email will be sent to each participant to give away the meeting point and time along with the guide contact information. At this point any information considered essential to the trip organization will be shared.

Plane tickets (if applicable)

If case you wish us to handle you plane ticket, please contact us with airport arrival and departure details and number of needed luggage. Before issuing any ticket, Price and details Will be send to the client for its approval.

Muntania fee for plane ticket management is 20€ per person.

If, otherwise, you handle your plane tickets, please coordinate with us before hand to check on arrival and departure information.

Please take into consideration getting with you on your carry-on luggage some set of clothing in case of checked luggage lose.

5.5 Insurance policy

All activities in Spain have an accident insurance included in the price. Yet, if you practise mountain sports regularly and also travel frequently, **we suggest you get a travel insurance**, that as well as covering any accident and rescue it also protect you against many other situations.

If you do not have a travel insurance you can acquire one with our travel agency. Exploring Spain processes all insurances with **Intermundial**. The cost of these insurances is lower if you buy it through Exploring Spain than if you do it directly with Intermundial.

EU RESIDENTS

Ski/Aventure Plus

It is a **travel insurance** and also **covers the practise of many sports and activities**. You can get one for the duration of the trip or for the whole year, being able to choose the starting date. If you get the insurance for a year, it will not only be valid for the trip with Exploring Spain but also it will be valid for any other trips or activities you may do during that year.

Ski/Aventure Plus with Cancelation

It has the same coverage that the previous insurance but also you will be cover in case of cancelation of the trip and tickets in case of force majeure (sickness, injury...) for yourself and/or a relative.

The travel insurance with cancelation that we offer, allows a refund of the costs already paid for up to 1.000 €. If the cost of the trip and flights is higher, you can extend the amount covered (under request).

Multi-assistance Plus with or without Cancelation

Both Multi-assistance Plus with or without Cancelation are **travel insurances with better coverage** than the Ski/Adventure Plus with or without cancelation but they **do not cover the practise of sports**.

This insurance can be of your interest if you already have an accident and rescue insurance that covers the activity that you will be doing in the trip, but you do not have a travel insurance. It can also be useful if you are interested in a trip without practising any sports.

NON EU RESIDENTS

Incoming Cancelation Plus

This insurance covers the costs of the trip and the tickets if you have to cancel the trip before the departure because of different reasons like for example a sickness (see conditions of the insurance).

This insurance can be useful if you already have a travel insurance but it does not cover the cancelation of the trip or if you already have an insurance covering sports and activities.

Incoming Ski/Aventure Plus with Cancelation

It is a **travel insurance** and also **covers the practise of many sports and activities**. You will also be cover in case of cancelation of the trip and tickets in case of force majeure (sickness, injury...) for yourself and/or a relative. You can get one for the duration of the trip or for the whole year, being able to choose the starting date. If you get the insurance for a year, it will not only be valid for the trip with Exploring Spain but also it will be valid for any other trips or activities you may do during that year.

The travel insurance with cancelation that we offer, allows a refund of the costs already paid for up to 2.000 €. If the cost of the trip and flights is higher, you can extend the amount covered (under request).

*Consult prices and conditions for Intermundial insurances with Exploring Spain following this link: <https://www.exploring-spain.com/insurances>

Included accident and rescue insurance

** Included accident and rescue insurance. Nº POLIZA 4020006195 Muntania Outdoors. Assistance phone number 24h 902 09 15 57 (it is the contact number for the insurance company Prebal, Previsión Balear M.P.S).

*** It is the customer's responsibility to inform the insurance company about the accident as soon as possible. Prior the departure for the trip, we will send you an email with the insurance policy number and the assistance number so you can have it during the trip.

**** Depending on where the accident happens, the customer will have to pay in advance if the insurance company indicates it, being the payment refunded by the insurance company within the policy's limits. In any case Exploring Spain – Muntania Outdoors S.L. is responsible for any advance payment required for the rescue or assistance.

5.6 Links of interest

- <http://www.goriz.es>

5.7 Highlights

- Discover **Ordesa and Monte Perdido National Park**.
- Climb **Monte Perdido**.
- Optimus ratio guide/client that allows you to get the best from the activity.
- Active trip in beautiful landscapes.

6 Similar trips

- Bivouac in Jou de los Cabrones. Urrieles Circular Route. Picos de Europa.
- Bivouac in Sierra de Gredos.

7 Contact

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