

# TREKKING OF THE THREE HUTS. CIRCULAR TOUR OF POSETS



**Aragon Pyrenees**

  
**Exploring Spain**  
TREK CLIMB SKI & BIKE

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## 1 Introduction

The **Posets -Maladeta Natural Park** is located in the Aragon Pyrenees, in the long central section of the Pyrenees and where we find the highest concentration of peaks over 3,000 meters. Highlights include the **Aneto** (3.404 m) the highest mountain in the Pyrenees, not forgetting the equally impressive **Posets** (3.369 m), **Maladeta**(3.312 m) and **Perdiguero** (3.221 m).

A historic network of mountain huts and refuges enables us to create a variety of itineraries, dependent on fitness and aspiration, for you to fully enjoy this stunning natural environment.

At **Muntania** we have designed treks for travellers with the desire to make the most of their walking days. We will make a clockwise circular tour around the **Posets**.

## 2 Basic information

Destination: **Posets-Maladeta Natural Park. Aragon Pyrenees (Spain).**

Activity: Trekking.

Difficulty: \*\*/\*\*.

Length: 4 days of activity.

Season: From March to November.

Minimum-maximum group: 2-8 people.

### 2.1 Required physical condition and type of terrain

Physical level	Total elevation	Kms	Physical Condition
*	Up to 600 m	Up to 16 km	Normal: occasional sport practice
**	Up to 1200 m	Up to 23 km	Good: regular sport practice
***	Up to 1400 m	Over. 23 km	Very good: strict sport practice

Physical level category does not have to correspond exactly with given ascent and kilometers at the same time.

#### Type of terrain

*	Good conditioned forest tracks and trails
**	Good conditioned trails. Presence of stones and roots on the way requiring attentive hike.
***	Bumpy, stone loose tracks, including off trails

Remarks. A good physical shape is required in order to face exigent slopes. You must have the habit of walking in the mountains regularly.

All itineraries are subject to changes depending on weather conditions, snow or participants physical conditions.

## 3 Programme

### 3.1 Programme outline

**Day 1. Eriste (1.300 m) - Ángel Orus mountain hut (2.148 m).**

Elevation gain +650 m. - 30 m descent. Distance: 3,5 km. Estimated time: 2-3 hours

**Day 2. Angel Orus mountain hut (2.148 m) - Ibones de Batisielles - Estos Hut (1.890 m).**

Elevation gain +1.000 m. - 1.100 m descent. Distance: 14 km. Estimated time: 6-7 hours

**Day 3. Estós Hut (1.890 m) - Puerto de Chistau or Estós (2.700 m) - Biadós Hut (1.740 m).**

Elevation gain +800 m. - 950 m descent. Distance: 12 km. Estimated time: 5-6 hours

**Day 4. Biadós hut (1.740 m) - Forqueta de Eriste Hill - Ángel Orus hut (2.148 m).**

Elevation gain +1.200 m. - 1.400 m descent. Distance: 15 km. Estimated time: 7-8 hours

**OPTIONAL Day 5.** Ascent to Posets (consult).

### **3.2 Detailed programme**

#### **Day 1. Eriste (1.300 m) - Ángel Orus mountain hut (2.148 m).**

We will start our trek continuously ascending. The first part of the tour will take place through the woodland. Later, in a more open terrain we will reach the hut, located in a beautiful balcony with gorgeous views.

Elevation gain +650 m. - 30 m descent. Distance: 3,5 km. Estimated time: 2-3 hours

#### **Day 2. Angel Orus mountain hut (2.148 m) - Ibones de Batisielles - Estos Hut (1.890 m).**

This is a very interesting day due to the varied terrain and the amplitude of views. It is a beautiful landscape dotted with the **Ibones de Batisielles** (mountain lakes) and high and sharp needles. We will cross an easy valley to reach the mountain hut.

Elevation gain +1.000 m. - 1.100 m descent. Distance: 14 km. Estimated time: 6-7 hours



#### **Day 3. Estós Hut (1.890 m) - Puerto de Chistau or Estós (2.700 m) - Biadós Hut (1.740 m).**

After having a rest in this magnificent natural landscape surrounded by high mountains, we will start the ascent to **Chistau Valley**. Nice eastern view of **Maladetas**, with the **Alba Peak** in the first line. Descent towards Biadós mountain hut.

Elevation gain +800 m. - 950 m descent. Distance: 12 km. Estimated time: 5-6 hours

#### **Day 4. Biadós hut (1.740 m) - Forqueta de Eriste Hill - Ángel Orus hut (2.148 m).**

Last day to end the circular tour of Posets. We will face a long ascent with an elevation gain of 1.100 m to reach Eriste Hill. Descending the green valley is all we will have left.

Elevation gain +1.200 m. - 1.400 m descent. Distance: 15 km. Estimated time: 7-8 hours

**OPTIONAL Day 5.** Ascent to Posets (consult).



## 4 More information

Price.

- 375 euros for mountain federates.
- 390 euros for non-mountain federates.

### 4.1 Included

- Mountain Guide service during the trekking.
- 3 nights of half board accommodation in mountain huts.
- Trip organization and management.

### 4.2 Not included

- Flights (Muntania offer this service for an additional cost of 15€)
- Transportation to the start and end points of the trail. Possibility to include the management by Muntania (consult).
- Lunches. They will take place in the mountain.
- Any drinks not included in the half board mountain huts (dinner and breakfast).
- Any additional activity.
- Any extra cost due to changes for unforeseen weather or safety reasons.

### 4.3 Required equipment

It is important to carry a light backpack (6-8 Kg), so it is recommended to carry just the required clothes and equipment. If you do not have all the equipment you can rent it, please consult us.

- Backpack (between 25-35 litres).
- Trekking boots or sneakers.
- Telescopic poles.

- Technical clothes:
  - Socks.
  - Long and light trekking pants.
  - Thermal t-shirt (base layer). A spare one.
  - Fleece jacket or similar (second layer).
  - Gore-Tex or similar jacket and pants (third layer).
  - Primaloft jacket or similar.
  - Light and thick gloves.
  - Woollen cap and sun cap.
- Sunglasses.
- Head lamp (extra batteries)
- Sheet-sleeping bad
- Canteen or camelback (minimum 1 litre).
- First aid kit and essential toiletries
- Sunscreen and SPF lip balm
- Camera

In the event there is snow crampons and ice axes should be necessities.

#### **4.4 Observations**

- An acceptable physical form is required: people with healthy habits who go to the mountain and could afford 1.000 m elevation treks at a leisurely pace.
- Sleeping bag is not required but a cotton or silk sheet-sleeping bad would be necessary.
- It is recommended to carry just a few provisions so it can be bought in the huts.
- Two of the mountain's huts have shower service available.

#### **Date Flexibility**

Aside from the regular travel trip dates, we are flexible to reconsider new dates if those are more convenient to the client's leisure plans. Do not hesitate to contact us should you have any different dates in mind.

#### **Time and meeting point**

One week prior to the trip departure date, an email will be sent to each participant to give away the meeting point and time along with the guide contact information. At this point any information considered essential to the trip organization will be shared.

#### **Plane tickets (if applicable)**

If case you wish us to handle you plane ticket, please contact us with airport arrival and departure details and number of needed luggage. Before issuing any ticket, Price and details Will be send to the client for its approval.

Muntania fee for plane ticket management is 20€ per person.

If, otherwise, you handle your plane tickets, please coordinate with us before hand to check on arrival and departure information.

Please take into consideration getting with you on your carry-on luggage some set of clothing in case of checked luggage lose.

### **Trekking Backpack**

Very important to carry out just indispensable material and clothing to walk at ease. You would not need to take food supplies and clothing can be hand-wash daily. We recommend backpack weight between 6 to 10 kg.

### **4.5 Insurance policy**

All activities in Spain have an accident insurance included in the price. Yet, if you practise mountain sports regularly and also travel frequently, **we suggest you get a travel insurance**, that as well as covering any accident and rescue it also protect you against many other situations.

If you do not have a travel insurance you can acquire one with our travel agency. Exploring Spain processes all insurances with **Intermundial**. The cost of these insurances is lower if you buy it through Exploring Spain than if you do it directly with Intermundial.

### **EU RESIDENTS**

#### **Ski/Aventure Plus**

It is a **travel insurance** and also **covers the practise of many sports and activities**. You can get one for the duration of the trip or for the whole year, being able to choose the starting date. If you get the insurance for a year, it will not only be valid for the trip with Exploring Spain but also it will be valid for any other trips or activities you may do during that year.

#### **Ski/Aventure Plus with Cancelation**

It has the same coverage that the previous insurance but also you will be cover in case of cancelation of the trip and tickets in case of force majeure (sickness, injury...) for yourself and/or a relative.

The travel insurance with cancelation that we offer, allows a refund of the costs already paid for up to 1.000 €. If the cost of the trip and flights is higher, you can extend the amount covered (under request).

#### **Multi-assistance Plus with or without Cancelation**

Both Multi-assistance Plus with or without Cancelation are **travel insurances with better coverage** than the Ski/Adventure Plus with or without cancelation but they **do not cover the practise of sports**.

This insurance can be of your interest if you already have an accident and rescue insurance that covers the activity that you will be doing in the trip, but you do not have a travel insurance. It can also be useful if you are interested in a trip without practising any sports.

### **NON EU RESIDENTS**

### **Incoming Cancelation Plus**

This insurance covers the costs of the trip and the tickets if you have to cancel the trip before the departure because of different reasons like for example a sickness (see conditions of the insurance).

This insurance can be useful if you already have a travel insurance but it does not cover the cancelation of the trip or if you already have an insurance covering sports and activities.

### **Incoming Ski/Aventure Plus with Cancelation**

It is a **travel insurance** and also **covers the practise of many sports and activities**. You will also be cover in case of cancelation of the trip and tickets in case of force majeure (sickness, injury...) for yourself and/or a relative. You can get one for the duration of the trip or for the whole year, being able to choose the starting date. If you get the insurance for a year, it will not only be valid for the trip with Exploring Spain but also it will be valid for any other trips or activities you may do during that year.

The travel insurance with cancelation that we offer, allows a refund of the costs already paid for up to 2.000 €. If the cost of the trip and flights is higher, you can extend the amount covered (under request).

\*Consult prices and conditions for Intermundial insurances with Exploring Spain following this link:  
<https://www.exploring-spain.com/insurances>

#### Included accident and rescue insurance

\*\* Included accident and rescue insurance. Nº POLIZA 4020006195 Muntania Outdoors. Assistance phone number 24h 902 09 15 57 (it is the contact number for the insurance company Prebal, Previsión Balear M.P.S).

\*\*\* It is the customer's responsibility to inform the insurance company about the accident as soon as possible. Prior the departure for the trip, we will send you an email with the insurance policy number and the assistance number so you can have it during the trip.

\*\*\*\* Depending on where the accident happens, the customer will have to pay in advance if the insurance company indicates it, being the payment refunded by the insurance company within the policy's limits. In any case Exploring Spain – Muntania Outdoors S.L. is responsible for any advance payment required for the rescue or assistance.

### **4.6 Links of interest**

- <http://www.refugioangelorus.com/>
- <http://www.alberguesyrefugiosdearagon.com/refugio.php?id=4>
- <http://www.alberguesyrefugiosdearagon.com/refugio.php?id=2><http://www.refugioangelorus.com/>

### **4.7 Highlights**

- Multiple options for customizing the trekking according to tastes and possibilities. You can complete the day with ascents to summits in the area.
- Alpine landscape with spectacular views.
- Extensive network of comfortable huts.



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## 5 Contact

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